

TOP GLOVE UNVEILS PLAN TO PROMOTE MENTAL HEALTH

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KUALA LUMPUR: Top Glove Corp Bhd has launched its inaugural “Zero Harm on Mental Health” programme to promote mental health in the workplace and raise awareness on the subject in the corporate sector.

In a statement yesterday, the company said the programme was launched on Sunday in conjunction with World Mental Health Day.

Initiated by the Top Glove Global Doctors (TGGD) mental health clinical and crisis support team, Top Glove said the programme would provide a comprehensive safety and wellness action plan for the group’s employees.

This initiative follows the group’s existing Zero Harm and Safety Health Emergency Preparedness programme, which was introduced in 2019.

“Zero Harm is a conceptual approach to heighten the occupational safety of a workplace, whereby a workplace operates without exposing an individual to injury through the implementation of safe work environment systems.

“The Zero Harm culture has been introduced at Top Glove as an additional initiative, over and above complying with safety and health requirements set out by the Department of Health and Safety.”

As industry leaders, Top Glove founder and executive chairman Tan Sri Dr Lim Wee Chai said it was imperative for the group to be a role model in promoting corporate mental wellness.

“The objectives of the Zero Harm on Mental Health programme are to promote mental health awareness and break the stigma on mental health, so we can create a supportive, respectful and inclusive environment at the workplace,” he said in the same statement.

The programme aims to provide preventive measures through psychoeducation and training, create awareness amongst employees and enable them to prepare themselves, to identify who might be at risk and know who they can reach out to for help.

There will be posters and information cards in seven different languages in factories, offices and hostels on how workers can reach out for help, as well as tips on how they can manage their mental well-being.

“The TGGD mental health clinical and crisis support team also looks forward to rolling out this information card via the workers learning app, which all workers have access to.

“On top of that, the Zero Harm on Mental Health programme also aims to manage crisis and employees’ mental health symptoms through crisis intervention and counselling, as well as psychotherapy,” Top Glove said.

It said the TGGD mental health clinical and crisis team consists of a multi-disciplinary team of medical and mental health professionals, enabling the mental well-being of the employees to be managed in a systematic and holistic way.

“Prior to the launch of the programme, 13 medical personnel including medical doctors, medical assistants and nurses from TGGD had successfully completed their training on psychological first aid.

“These TGGD personnel, equipped with fundamental skills to respond to people who are psychologically distressed, will be able to support the facility’s mental health clinical and crisis support team to screen and assess the mental health and safety risks of the affected employees,” Top Glove said.